



PRESENTS...

A CRYSTAL BANGLE MADE WITH THE DIAMOND NET CABLE

AN ORIGINAL TECHNIQUE BY GWEN FISHER AND FLORENCE
TURNOUR



To construct the bangle, you build a cable of beads. Make the cable as long as it needs to be to fit comfortably over your hand. Our bangles have 174 crystals each. The instructions are for the top, left bangle. Diagrams for the right, bottom bangle and another variation are given at the end of the instructions. The finished diameter of the bangle is 8 cm.

MATERIALS:

color *a* seed beads, size 15/0
color *b* seed beads, size 15/0
seed beads, size 11/0
174 round crystals, 4 mm

Beading thread, size D
Beading needle, size 12

INSTRUCTIONS:

1. Thread the needle with 4 feet of thread, and starting with a size 11/0 seed bead, string six beads, alternating between crystals beads and size 11/0 seed beads. See Figure 1. Sew through all six beads again to make a circle, leaving a 6 inch tail that you will later weave into the finished bead. Tie the two ends of the thread together with a square knot. Sew through seed bead 1. See Figure 2.

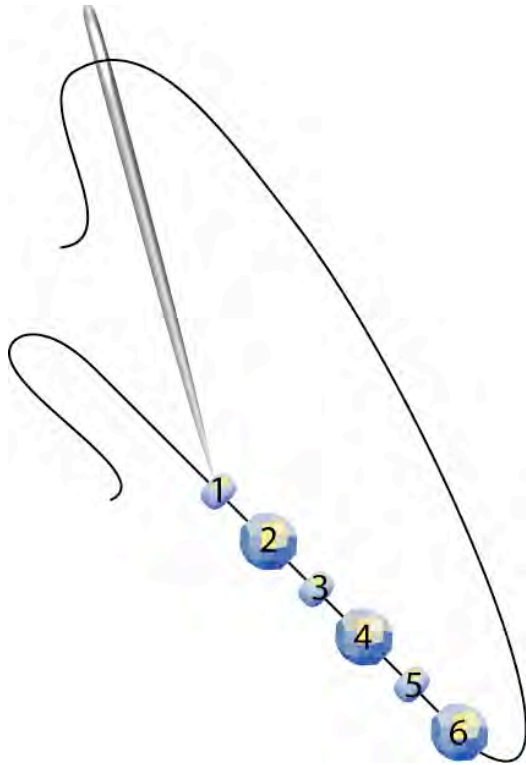


FIGURE 1

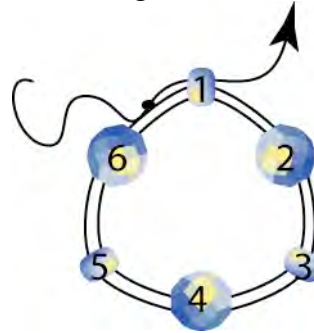


FIGURE 2

2. Pick up three size 15/0, color *a* seed beads; one size 11/0 seed bead (bead *A*); and three size 15/0, color *b* seed beads. Sew through seed bead 3. See Figure 3. You have now completed your first net, connecting beads 1 and 3. Repeat this, sewing two more nets, one connecting seed bead 3 to seed bead 5, and one connecting seed bead 5 to bead 1. Sew around the last round of beads to reinforce the round. Continue sewing to the top of the first net, exiting the size 11 seed bead (bead *A*). See Figure 4. Pull the thread tight.

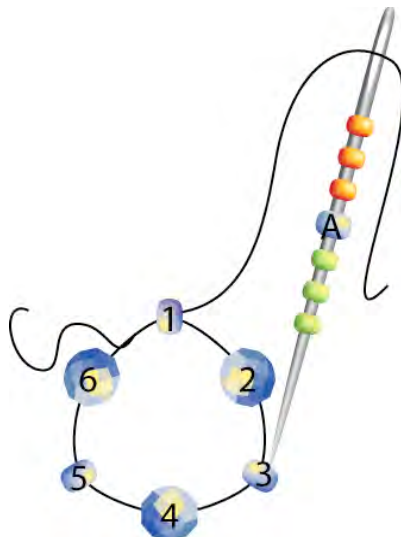


FIGURE 3

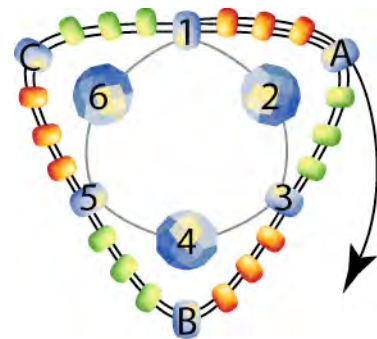


FIGURE 4

3. Now you begin the second round filler beads. Pick up one crystal, and sew through bead *B*, forming a fill, connecting seed bead *A* to seed bead *B* as in Figure 5. Repeat this, sewing two more fills, one connecting seed bead *B* to seed bead *C*, and one connecting *C* to *A*. Reinforce the round and continue sewing the thread through this round, exiting bead *A*. See Figure 6. Pull the thread tight. The result should now look like Figure 6.

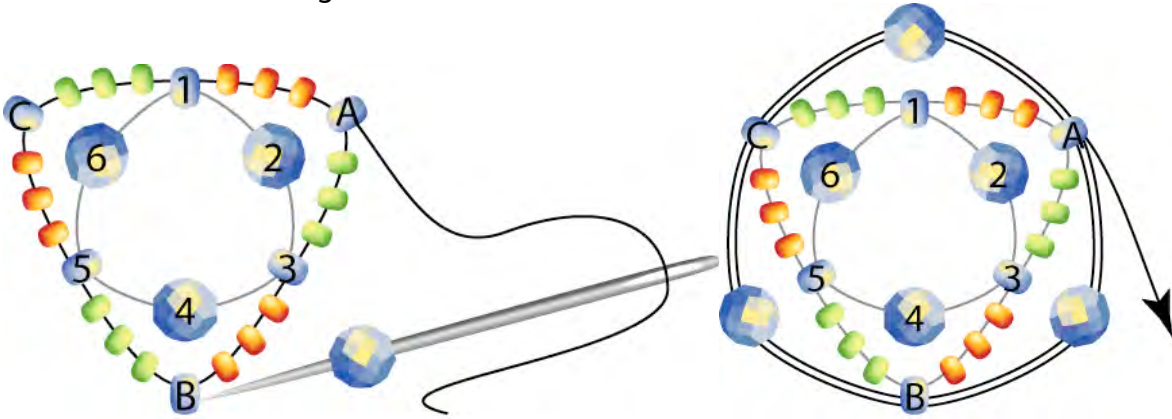


FIGURE 5

FIGURE 6

4. Alternate between Step 2 and Step 3, until the cable is the right length for a bangle. We used 174 crystals. Be sure that your last round is like that in Figure 7.



FIGURE 7

5. All that is left is joining the two ends of your cable. *Pick up three size 15/0, color *a* seed beads and go through a size 11/0 seed bead on the other end of the cable. See Figures 8 and 10. Then, pick up three size 15/0, color *b* seed beads, and sew through the next size 11/0 seed bead. See Figure 9 and 11. Repeat from * two more times. Reinforce the last round.

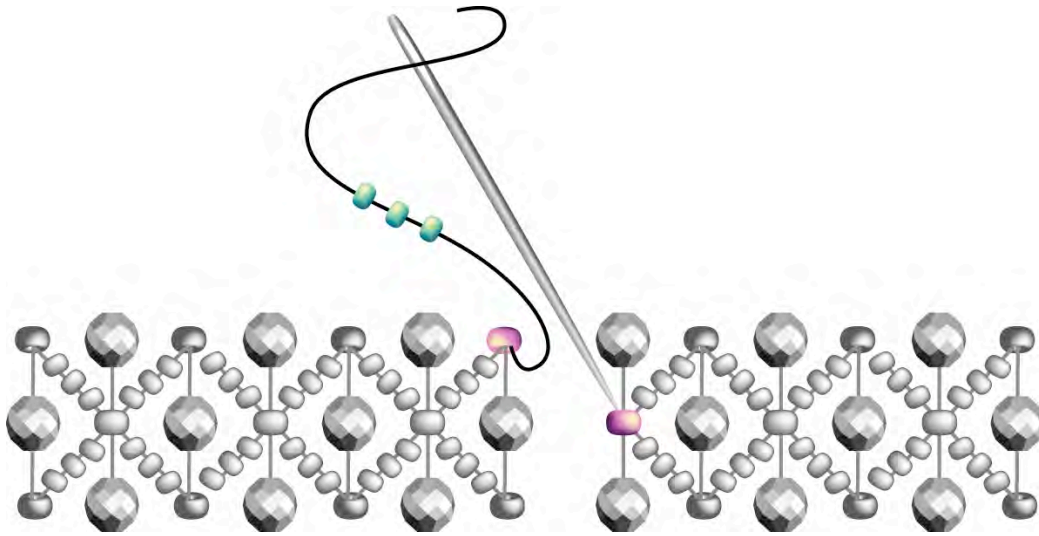


FIGURE 8

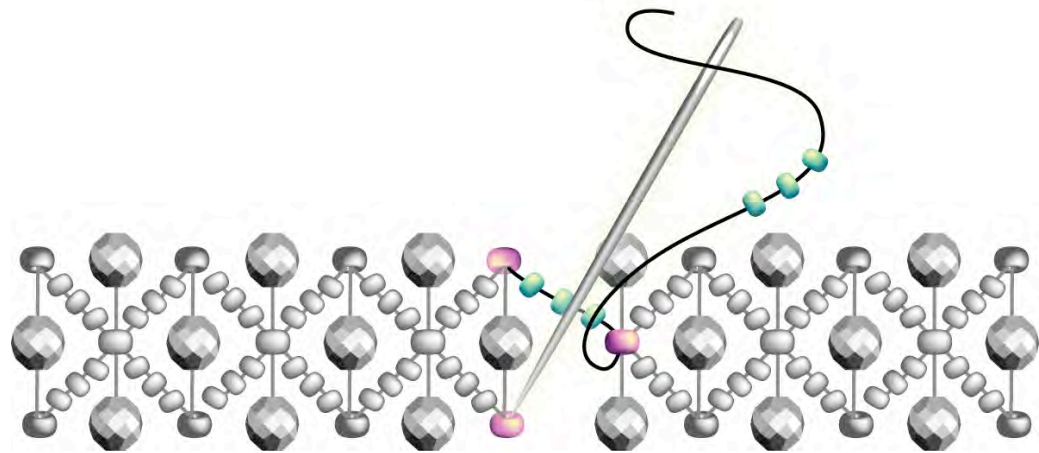


FIGURE 9



FIGURE 10



FIGURE 11

6. If you would like the bangle to be stiffer, weave the thread through the seed beads, tightening as necessary. Tie a double half hitch knot, and weave the thread through a few more beads. Thread the needle with the tail of the thread, and weave it through a few beads. Cut the ends of the thread close to the bead.

VARIATIONS:

To make your bangle to have a more distinctive stripe (like a candy cane), try the colorings shown in Figure 12 or Figure 13. The bangle shown in the photograph (right) uses the coloring in Figure 12.

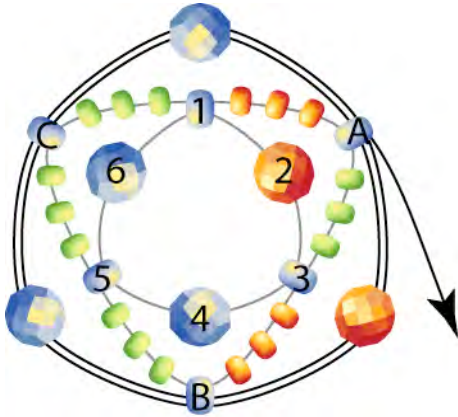


FIGURE 12

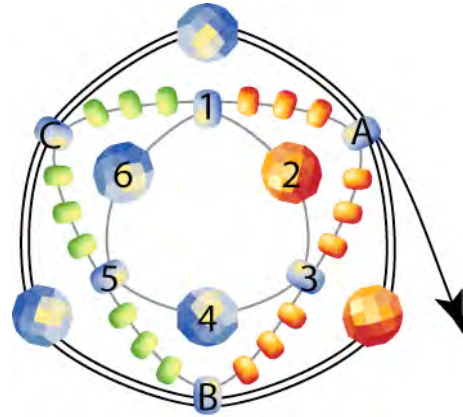


FIGURE 13

You can also use seed beads instead of crystals for the fill. If you want the cable to remain stiff, then when using size 8/0 seed beads for the fill, decrease the number of size 15/0 beads to 2 beads instead of 3. If you want the cable to be more flexible, just change the crystals to size 8/0 and keep the rest the same.

